



Phil Barth helps people lower stress, think more clearly, and get better results—while laughing a whole lot more.

Through stories, practical tools, and the occasional rubber chicken, Phil turns serious workplace challenges into ideas people remember and use.

WHAT CLIENTS SAY

"What an incredible keynote to kick off the event! Phil's stories had everyone laughing, while his message delivered valuable insights I could put into action immediately. Not many people can say they did the chicken dance at the PMBA conference!"

Attendee Feedback

PMBA Conference, Vancouver

"Phil exceeded every expectation. He made the planning process smooth and stress-free, tailored the keynote to our audience, and kept everyone engaged with humor and warmth. He went above and beyond before, during, and after the event."

Maggie Browne, St. Elizabeth Physicians, Cincinnati

PROGRAMS

FRY YOUR CHICKENS!

Fear and self-doubt keep talented people from taking action. Phil helps audiences identify the "chickens" holding them back, stop letting fear run the show, and take action on what matters most.

THE HEART ATTACK THAT SAVED MY LIFE

A heart attack gave Phil an unmistakable wake-up call about stress. In this hilarious and deeply personal keynote, audiences learn how to recognize stress sooner, respond more effectively, and keep pressure from taking over.

TRUSTED BY:



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INTERNATIONAL PAPER



ABOUT PHIL

Phil Barth is a keynote speaker, author, and Top 10 finalist in the Toastmasters World Championship of Public Speaking. Drawing on decades of workplace experience, a heart-attack wake-up call, and a slightly unreasonable number of rubber chickens, Phil delivers practical ideas audiences can use long after the laughter stops.



WATCH PHIL IN ACTION

Scan to see Phil's humor, energy, and audience connection.

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